



# SAMARITANS IN SPAIN

## NEWSLETTER

### APRIL 2022

Welcome to the monthly Samaritans in Spain newsletter

If there is anything that you think should be included in our Newsletter, please do not hesitate to email me at [Treasurer.spainsams@gmail.com](mailto:Treasurer.spainsams@gmail.com)

#### COVID 19

Cases seems to have plateaued but it's still out there so please remain vigilant and do everything possible to protect yourself and others. Please ensure you remember to always wear your mask and sanitise your hands, for your safety and that of others. The Covid procedures remain in place when you are around the shop and the centre.

We will continue with our safety procedures, so just a reminder that everyone must adhere to all the Covid guidance wherever you are based. Volunteers who attend the Punta Marina Centre, please, if you **do have** Covid symptoms, test positive, or are told to isolate due to contacts having the virus you should of course stay home until given the "all clear" to return to work. Your wellbeing and health and safety of fellow volunteers and our customers must be the top priority!

#### BOARD OF TRUSTEES NEWS

From Donna, our President

On behalf of the Board, it gives me great pleasure to announce that following a successful interview, David Upjohn has been appointed as a Trustee. Aside from the collective responsibility for the governance of the Organisation, David's specific role will be Trustee for Listener Training & Recruitment. David brings with him a wealth of knowledge and experience both from within and outside of Samaritans in Spain which makes him particularly suited to this Trustee position. I am sure you will join me in congratulating him and wishing him every success in his endeavours.





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#### **CURRENT BOARD OF TRUSTEES**

President	Donna Williams	president.spainsams@gmail.com
Treasurer	Ade Webster	treasurer.spainsams@gmail.com
Secretary	Jan Knight	secretary.spainsams@gmail.com
Listener Services	Joanna Urbanek	listenerdelivery.spainsams@gmail.com
Listener Training	David Upjohn	listenertraining.spainsams@gmail.com
IG Retail	Les Holloway (also, Vice President)	igretail.spainsams@gmail.com
IG Events	Heather Crosby	igevents.spainsams@gmail.com

#### **DIARY DATES**

8 Oct – Autumn Ball in Mazarron. Theme and details to be announced. This will mark the end of Mental Health Awareness Week

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If you wish to organise any events, then our Income Generation Team would be delighted. However, before you organise anything please contact our IG Events Trustee, Heather, on [igevents.spainsams@gmail.com](mailto:igevents.spainsams@gmail.com) to ensure that we do not have any clashes in the diary and that the marketing for the event is correct.

#### **VACANCIES/VOLUNTEERING**

We currently have a long list of listener volunteers so at present we are not actively recruiting.

#### **NEWS**

##### **Justabar host Easter Raffle in aid of Samaritans in Spain**

Justabar in L'Albir made sure that it was a very Good Friday for Samaritans in Spain as they raised the magnificent sum of 751€ on our behalf. Tracey and Ritchie very kindly organised an Easter Raffle and spent several weeks leading up to the draw selling tickets – clearly, they were very good at it!

One of our Trustees, Les Holloway, and local listener, Sian Miller, were on hand to help with the ticket folding and attend the draw. Sian was also lucky enough to win one of the delicious prizes that had been donated.



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Samaritans in Spain would like to say a massive thank you to everyone who participated and to Tracey and Ritchie for organising. This money will allow us to continue to help others and every cent will be put to very good use.



Tracey of Justabar receiving a Certificate of Appreciation



Sian was lucky enough to win a prize

### World Book Day Coffee Morning – 23 Apr – Punta Prima

It was great to have a coffee morning, for the first time in two years, on St George's Day at Punta Prima. It was highly successful as it fell in with our World Book Day Event. It was well attended and the grand sum of €701 was raised by the shop, coffee morning and tombola. It was lovely to see a number of our listeners attending and supporting the day. Thank you to all the volunteers who worked hard to make the day a success.

Below are some pics from the start of the day.



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## **GOOD READS**

My reading list since the last Newsletter was published, I have given them a \* rating out of 5.:

Britt Marie was Here	Frederik Backman	5*
The Funny Thing About Norman Foreman	Julietta Henderson	5*
The Emperors Exile (Macro & Cato 19)	Simon Scarrow	5**
The Night She Disappeared	Lisa Jewell	4*
Numero Zero	Umberto Eco	4*

If you have just read a good book and want to share your experience, please let me know and I will include it in the next issue.



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#### **SAMARITANS MONTHLY BOOK CLUB**

##### **LAST MONTH'S BOOK CLUB READ**

So last month's Book Club read was **The Funny Thing About Norman Foreman** by **Julietta Henderson**.

*5+ stars!!! The touching, funny and insightful story of a young boy dealing with grief, illness and growing up. Beautifully written, I loved it so much*

##### **NEXT MONTH'S BOOK CLUB READ**

In the absence of any other suggestions, I have decided on next month's book club read. I've chosen **The Night She Disappeared** by **Lisa Jewell**.

*An engaging mystery read. Tallulah heads out on a date, leaving her baby with her mum, at 11pm she texts her mum.... Tallulah never returns.....*

***The book is currently available on Kindle Store UK for £0.99 – limited time deal.***

I would be delighted if volunteers could let me know if they have read the book and if they could send me a short review, it would be nice to get different viewpoints on books.

If you would like to recommend a book for a Monthly Book Club read, please let me know.

#### **FOCUS ON A SAMARITAN**

This month's 'Focus On' is ME (!!!), your Trustee Treasurer, Ade Webster:



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How long have you lived in Spain?

**5 years**

What brought you to Spain?

**I decided it was time to retire from the RAF, after 35 years, and Spain seemed a good place to retire too.**

What do you love most about living in Spain?

**The weather (except for the last few weeks!!) and relaxing way of life**

How long have you volunteered for Samaritans in Spain?

**3½ years**

What are your hobbies?

**Exercising, running, walking and reading**

If you won, the lottery what would you do?

**We rarely play the lottery but if we did win, we would make sure that all of our family were taken care of and then travel to the places that we wanted to go but haven't yet been**

What is your favourite Spanish word?



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**Digame!! Love it, so abrupt but to the point.**

What is your favourite book & film?

**Film – The Great Escape**

**Book – Ken Follett – The Century Trilogy: Fall of Giants; Winter of the World and The Edge of Eternity**

Where will you travel to when you can?

**Australia (hopefully in 2023 to visit our Granddaughter who is due in Sep)**

Tea or Coffee?

**Coffee**

Beer, wine, or spirits?

**Beer**

Spring, Summer, Autumn, or Winter?

**Autumn**

Fish & chips or Paella?

**Paella**

Dogs or Cats?

**Dogs**

Night out or night in?

**Night in**

It has been a pleasure to offer you all a small insight into me.

Keep an eye on your inbox, next month it could be YOU!!



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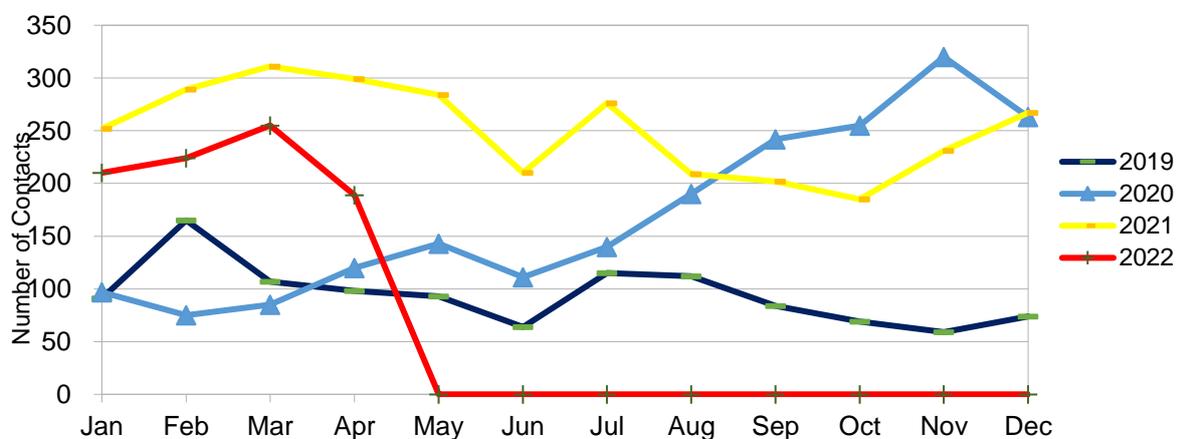
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#### CALL DATA COMPARISON 2022

Below is an extract from the Call Logging Database (as at **x23 Apr 22**), I thought you would find the graph and figures to be an interesting read.

	2017	2018	2019	2020	2021	2022	Difference	
							prev year	%
Jan	77	109	91	97	252	210	-42	-17
Feb	84	96	165	75	289	224	-65	-22
Mar	93	118	107	85	311	255	-56	-18
Apr	122	74	98	120	299	189	-110	-37
May	111	165	93	143	284	#REF!	#REF!	#REF!
Jun	112	161	64	111	210	#REF!	#REF!	#REF!
Jul	124	123	115	140	276	#REF!	#REF!	#REF!
Aug	155	90	112	190	209	#REF!	#REF!	#REF!
Sep	175	107	84	242	202	#REF!	#REF!	#REF!
Oct	186	111	69	255	185	#REF!	#REF!	#REF!
Nov	171	98	59	320	231	#REF!	#REF!	#REF!
Dec	198	67	74	263	267	#REF!	#REF!	#REF!
<b>Total</b>	<b>1608</b>	<b>1319</b>	<b>1131</b>	<b>2,041</b>	<b>3,015</b>	<b>#REF!</b>	<b>#REF!</b>	<b>#REF!</b>





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A BIT OF FUN!!

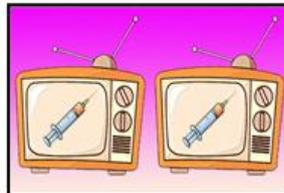
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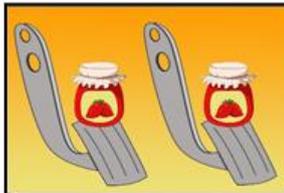
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**NO CHEATING!!!**



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#### ANSWERS:

1. Breakfast in Bed
2. An eye for an eye
3. Telly Addicts
4. Fall between two stalls
5. Runs in the Blood
6. Train of thought
7. Power to the people
8. Talking turkey
9. Home and dry
10. Jam on the brakes
11. Ocean liner
12. Sex and the city