



SAMARITANS IN SPAIN

NEWSLETTER

SEPTEMBER 2022

Welcome to the monthly Samaritans in Spain newsletter

If there is anything that you think we could in our Newsletter, please do not hesitate to email me at Treasurer.spainsams@gmail.com

BOARD OF TRUSTEES NEWS

CURRENT BOARD OF TRUSTEES

President	Donna Williams	president.spainsams@gmail.com
Treasurer	Ade Webster	treasurer.spainsams@gmail.com
Secretary	Jan Knight	secretary.spainsams@gmail.com
Listener Services	Joanna Urbanek	listenerdelivery.spainsams@gmail.com
Listener Training	David Upjohn	listenertraining.spainsams@gmail.com
IG Retail	Les Holloway (Also, Vice President)	igretail.spainsams@gmail.com
IG Events	Heather Crosby	igevents.spainsams@gmail.com

DIARY DATES

8 Oct – Cancelled – Sadly the Masquerade Ball in La Nueva Taberna at the Mazarron Country Club has been cancelled, the reasons for this appear to be two-fold, firstly, the ticket sales were apparently low (30 from 150); secondly, the venue is the subject of a denuncia for noise and as such are currently unable to hold functions with any music..

8 Oct – Tapas Trail at the Playa Flamenca Citrus Centre from 2 – 6pm. See the poster on the next page.

31 Oct – Halloween Coffee Morning at the Centre at Punta Marina. More details to follow.

XX Nov – Fashion Show. Further details to follow when they are known.

26 Nov – Christmas Fayre at the Centre at Punta Marina. More details to follow.

We are planning some other events, some of which will be coffee mornings and have a tombola, if you are a baker and can provide us a cake or two, or if you could donate a tombola prize, it would be hugely appreciated. Please let Les know if you can help.



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If you wish to organise any events, then our Income Generation Team would be delighted. However, before you organise anything please contact our IG Events Trustee, Heather, on igevents.spainsams@gmail.com to ensure that we do not have any clashes in the diary and that the marketing for the event is correct.

Mental Health Awareness Day

THE IVY BAR

DAVID

RUMOURS

Come and join our tapas trail
Tapas and drink for 2.50€ (wine or beer)

Tombola
Name the Teddy
Football Cards

OCT 08 2022

2-6PM | SATURDAY
PLAYA FLAMENCA
CITRUS CENTRE

SEE YOU THERE



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NEWS

With the help of five brave men, we are spearheading a campaign to encourage the English-speaking male community to 'lay those feelings bare.' Yes, I your Trustee Treasurer was one of the five brave men – far right in first photo below.

WALK TALL, BARE ALL!



TALKING IS GOOD FOR THE SOUL

Call FREEPHONE 900 525 100
Available 10am -10pm every day

**Providers of confidential
emotional support**

TOGETHER WE ARE STRONGER



900 525 100

www.samaritansinspain.com



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HEY LADS... NEED



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VACANCIES/VOLUNTEERING

We are always looking out for volunteers for every part of the organisation, if you know anybody who wishes to get involved in any capacity, be it a shop supervisor (**which we are desperate for**), a shop volunteer, a listener, a trustee or helping with our admin in the Punta Marina Centre (**which we are desperate for**) then please contact Jan our Secretary for more information.



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GOOD READS

My reading list since the last Newsletter was published, I have given them a * rating out of 5.:

Apples don't fall	Liane Moriarty	5*
The Afghan	Frederick Forsyth	5*
V2	Robert Harris	5*
One of the Girls	Lucy Clarke	5*

If you have just read an enjoyable book and want to share your experience, please let me know and I will include it in the next issue.

SAMARITANS MONTHLY BOOK CLUB

LAST MONTH'S BOOK CLUB READ

So last month's Book Club read was **V2** by **Robert Harris**.

Below is a brief review:

I loved this book; it tells the story of the V2 programme from conception to reality. It follows the lives of both Germans and English and their experiences. Brilliantly written, as you would expect from Robert Harris, and a right riveting read.

NEXT MONTH'S BOOK CLUB READ

In the absence of any other suggestions, I have decided on next month's book club read. I have chosen **A Slow Burning Fire** by **Paula Hawkins**.

From the author of The Girl on the Train. "A great twisted plot, brilliantly written and a real page turner"

The book is currently available on Kindle Store UK for £0.99.

I would be delighted if volunteers could let me know if they have read the book and if they could send me a brief review, it would be nice to get different viewpoints on books.

If you would like to recommend a book for a Monthly Book Club read, please let me know.



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FOCUS ON A SAMARITAN

This month's 'Focus On' is Karla Hodgskin, one of our shop volunteers:



How long have you lived in Spain?

14 years

What brought you to Spain?

Lifestyle

What do you love most about living in Spain?

Freedom

How long have you volunteered for Samaritans in Spain?

Eight and a half years

What are your hobbies?

Motor caravanning and travel

If you won the lottery, what would you do?



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Lots of charitable giving

What three things could you not live without?

Children, money, phone

What is your favourite Spanish word?

Callarse La Boca

What is your favourite book & film?

Around the world

Preferences:

Tea or Coffee?

Neither

Beer, wine, or spirits?

Cider

Spring, Summer, Autumn, or Winter?

Summer

Fish & chips or Paella?

Paella

Dogs or Cats?

Dogs

Night out or night in?

Both

Thank you, Karla for this insight into you. Keep an eye on your inbox, next month it could be YOU!!



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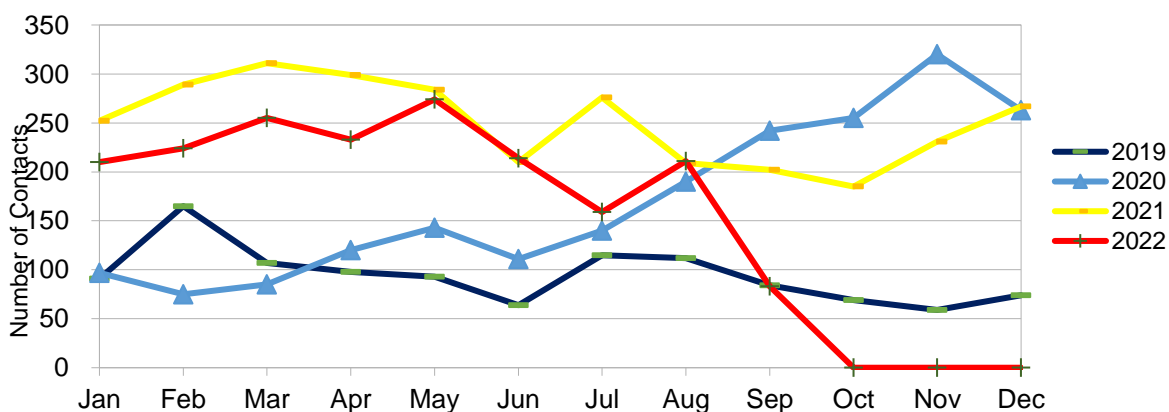
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CALL DATA COMPARISON 2022

Below is an extract from the Call Logging Database (as of 12 Sep 22), I thought you would find the graph and figures to be an interesting read.

Total number of contacts by the month:								
							Difference	
	2017	2018	2019	2020	2021	2022	prev year	%
Jan	77	109	91	97	252	210	-42	-17
Feb	84	96	165	75	289	224	-65	-22
Mar	93	118	107	85	311	255	-56	-18
Apr	122	74	98	120	299	233	-66	-22
May	111	165	93	143	284	274	-10	-4
Jun	112	161	64	111	210	214	4	2
Jul	124	123	115	140	276	159	-117	-42
Aug	155	90	112	190	209	211	2	1
Sep	175	107	84	242	202	83	-119	-59
Oct	186	111	69	255	185	#REF!	#REF!	#REF!
Nov	171	98	59	320	231	#REF!	#REF!	#REF!
Dec	198	67	74	263	267	#REF!	#REF!	#REF!
Total	1608	1319	1131	2,041	3,015	#REF!	#REF!	#REF!





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A BIT OF FUN!!

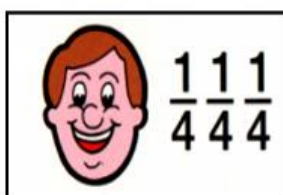
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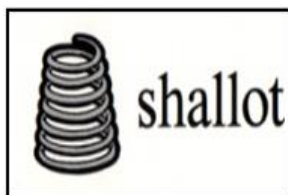
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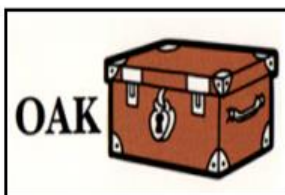
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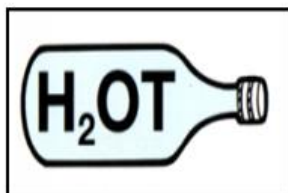
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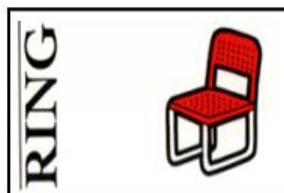
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10



11



12

NO CHEATING!!!



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ANSWERS:

1. Health and safety
2. Windsock
3. Headquarters
4. Cauliflower Ear
5. Spring Onion
6. Tree Trunk
7. Lamp post
8. Jackass
9. Hot water bottle
10. Rubber stamp
11. Sea horse
12. Ringside seat